

B.E.S.T. Training

Would you be interested in learning a technique that works EVERY time? If you answered, "yes" B.E.S.T. Training is the place for you! This 2 day intensive program includes verbal instruction from top notch Master Instructors trained personally by Dr. M.T. Morter, as well as hands-on practical with personal coaching from other B.E.S.T. practitioners.

What will I learn at B.E.S.T. Training?

Emotional B.E.S.T.: Utilizes advanced technology developed to update higher brain interference from expression in the physical body. When emotional thoughts such as worry, guilt, fear, judgment, to name just a few, become the overriding factor in our memory patterns, interference with the divine plan for our perfect health and wellness becomes the norm. This interference, formulated by conscious thought which in turn becomes a pattern, prevents the true expression of our physical bodies healing capability. Emotional B.E.S.T. is an advanced procedure to help identify this emotional pattern, update the interference, and then allow the body to function based on current situations rather than past experiences. This is the core of B.E.S.T. technology. This is the pattern for health and wellness. The pattern unlocks the power.

Physical B.E.S.T.: Based on scientific principles utilizing light pressure contacts on the surface of the body to address parasympathetic and sympathetic imbalances. When expressed in the intrinsic muscles of the spine as a pinched nerve or muscle spasm, this pattern of imbalance can lead to symptoms of discomfort and loss of function throughout the entire body. Physical B.E.S.T. offers a non-force way to update patterns of stress and discomfort which have been surfacing in both acute pain and chronic conditions. The physical B.E.S.T. procedure is administered in the prone position, utilizing the prone leg check, palpating the spinal muscles, and subsequently holding pressure points along the spine, sacrum, and skull. When muscles are balanced and the updated pattern restored, spinal muscle spasm, vertebral subluxation, and nerve pressure are removed. Practice members often experience immediate relief from symptoms and completely enjoy the painless approach to health and wellness. The body can heal itself if just given the opportunity. The pattern unlocks the power and B.E.S.T. is about identifying the pattern and unlocking the power within each of us.

6 Essentials for Life: What you Eat, What you Drink, What and How you Breathe, How you Exercise, How you Rest, and most importantly, What You Think. Choices in these 6 essential areas are the determining factor in our state of health.

pH testing and nutrition concepts: Determine the state of your practice member's health in 3 minutes with Dr. Morter's ground breaking pH testing procedures. We will cover saliva pH testing and urine pH testing and exchange a dialogue that can be used with each person who enters your office in an easy to comprehend manner! Once the pH levels have been determined, Nutrition is typically a factor. Learn how to coach your clients in their nutritional choices to improve their pH test results!

Preview of Family B.E.S.T. Technique: There is a demonstration of the Family B.E.S.T. Technique which is the revolutionary technique that every household needs to learn! Both procedures are simple and easy to learn and offer huge results!

How to implement B.E.S.T. into your existing practice on Monday. So you have learned B.E.S.T., now what? Learn dialogue to introduce B.E.S.T. to existing practice members, as well as potential practice members. Learn how to get your staff on board with the new technique you are offering.

Please call **800-874-1478** ext **100** to register.

