

## Certification Study Guide

1. Which hand carries the strongest North Polarity and, which finger on that hand carries the greatest charge?

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2. What are the three things we must check to obtain a proper arm check in the Emotional B.E.S.T. Procedure?

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3. What are the 4 things we must find to treat the practice member?

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4. What are the six essentials and which is the most important?

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5. How do you determine if we start in the Sympathetic or Parasympathetic in the Physical B.E.S.T. procedure? Give examples.

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6. Why is the Morter March so important?

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7. Saliva pH is an indication of how we are dealing with what type of stresses?

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8. How far do we raise the practice member's head in the righting reflex?

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9. List all categories in Emotional B.E.S.T. Procedure (please memorize prior to seminar).

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10. What are the possible contact points in the Emotional B.E.S.T. procedure?

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11. What are the possible contact points in the Physical B.E.S.T. Face Down procedure and how do I determine them?

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